



Weekly Program Schedule - Summer 2022 (Mid-June through August)

20 Allen St, Burlington, VT

Please bring your proof of being fully vaccinated and boosted against Covid19 for any indoor programming

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Crawlers, Waddlers, Toddlers 10-12:00 Play Drop-in Parents and Children 0-3 years Sarah@thefamilyroomvt.org</p>	<p>Family Play 9:00-12:00 At the Garden Drop-in Families Jackie@thefamilyroomvt.org</p>	<p>Dads' Drop-in 9:30-12:30 upstairs, room 219 Drop-in Dads Damon@thefamilyroomvt.org</p>	<p>Family Play 9:00-12:00 At the Garden Drop-in Families Jackie@thefamilyroomvt.org</p>	<p>Healthy Families from the Start 10:00-11:30 in Baby Room Drop-in Parents and infants Dayva@thefamilyroomvt.org</p>
	<p>New American Pediatric Clinic 9:00-5:00 upstairs in Clinic By Appointment In Collaboration with UVM Children's Hospital Manisha@thefamilyroomvt.org</p>	<p>Early Months 10:30-12:00 in the Baby Room Drop-in Parents and Baby (before crawling) Emily@thefamilyroomvt.org</p>	<p>Dads' Drop-in 1:00-4:00 upstairs, room 219 Drop-in Dads Damon@thefamilyroomvt.org</p>	<p>Computer Literacy 10-12:00 in clinic Enrolled Parents Corinne.johansson4@gmail.com</p>
	<p>Parents in Recovery Support Group 1:00-2:00 In Big Room Drop-in Parents and Children 0-5 heidih@turningpointcentervt.org</p>			
<p>Super Kids and Super Parents 4:30-6:30 (2nd and 4th Monday of the month) in Big Room Enrolled</p>	<p>Dads' Night 4:00-7:00 in Big Room Drop-in Fathers and Children 0-7 Damon@thefamilyroomvt.org</p>	<p>Computer Literacy 4:30-6:30 in Big Room Enrolled Adults Sarah@thefamilyroomvt.org</p>	<p>Computer Literacy 4:30-6:30 in Big Room Enrolled Adults Sarah@thefamilyroomvt.org</p>	

Drop-in Programs



Crawlers, Waddlers and Toddlers
Drop-In: Mondays 10:00-11:30
A playgroup for children 0-36 months and their caregivers.

Dads Night (FACT)
Enrolled: Tuesdays 4:00-7:00
Playgroup and dinner for dads and their kids.

Family Play
Starting November 4th: Drop-in 9-12
Come to the Family Room anytime between 9-12:00 for community building, fun learning activities for your children aged 0-5, and social connections for caregivers. Leave with a full belly and new friends.

Early Months (Baby Massage)
Enrolled: Wednesdays mornings
A soothing environment to learn and practice massage techniques for babies 6 weeks until they are old enough to crawl away, learn songs and lullabies, and to have post-partum discussion. Call to register for a single or multiple sessions!

Dad's Drop In
Drop-In: Wednesdays from 10-11:00, Thursdays from 1:00-4:00
Come upstairs to room 219 for a twice-a-week, casual gathering of fathers for sharing information and building community support. Open to any and all dads.

Healthy Families from the Start Drop in, Fridays 10:30-12:00 am
Our time together will center around social connections, peer support, infant development and movement / breathing practices for stress reduction. Facilitated by Dayva Savio and Emily Padua, program staff. For questions email Dayva at dayva@thefamilyroomvt.org or Emily at emily@thefamilyroomvt.org

Enrolled Programs

Preschool
Enrolled: Sept - June, follows BSD calendar
A 5-star community preschool for children aged 3-5. This play-based learning community is inspired by nature and neighborhood, encourages social-emotional learning, and builds upon the strengths and curiosities of the children.

Building Strong Families Clinic
Enrolled: Offered By Appointment
The clinic is designed to give parents and children of immigrant families a comfortable and secure place to be their authentic selves with health care providers. The clinic also provides interpreting services and connects families to community support resources and to other parents in their neighborhood.

Moms support group
Enrolled: Tuesdays, 10:00-11:30
A safe and supportive place for moms to gather, share, and connect while their children play.
sarah@thefamilyroomvt.org

Family Support and Home Visiting
Enrolled: Offered By Appointment
Staff accompany families as they navigate the challenges of modern parenting. Families get information on child development, access concrete supports and services, and receive emotional support as needed.

Healthy Families From the Start Home Visiting
Enrolled: Offered By Appointment
Using evidence-based birth and parenting information, Healthy Families from the Start offers relationship based support and education through in-person and remote one-on-one visits and group gatherings. While partnering with other community mental health and support services, we will help to facilitate a continuum of care during the early months with a new baby.

Computer Literacy
Enrolled: Wednesdays 4:30-6:30, Thursdays, 4:30-6:30, Fridays 11-12:30
4 week computer literacy sessions. Currently fully enrolled / no spaces. Must show proof of covid19 vaccination.
sarah@thefamilyroomvt.org

Dads matter
Enrolled: Offered by appointment
Individualized case management to help fathers work towards goals around parenting, getting basic needs met, and navigating systems.
keegan@thefamilyroomvt.org

Super Kids and Super Parents
Enrolled: Mondays 4-6:00 bi-Monthly
Group holds space for connections, sharing experiences, peer support and play! This group is especially designed for families that have children with autism.
sarah@thefamilyroomvt.org