



The Family Room Calendar April 2025

Mon	Tues	Wed	Thu	Fri	Sat
	1 Clinic 8:30-4:30 Talking Room 9:00- 12:00 Dads Night 4:00-7:00	2 Preschool 8:15-12:00 Nurturing the Nurturer 9:30-10:45 Early Months 10:30-12:00 Morning Dad's Circle 9:30-11:30	3 Family Play 9:00-12:00 Computer Class 9:30-11:00 Computer Literacy 4:30-6:30	4 Preschool 8:15-12:00 Echo Early Learning 9:00-11:30	5
7 Preschool 8:15-12:00 Echo Early Learning 9:00-11:00 Clinic 8:30-4:30 Crawlers, Waddlers, Toddlers 10:00-12:00	8 Clinic 8:30-4:30 Strong Families 9:00-11:30 Talking Room 9:00-12:00 Dads Night 4:00-7:00	9 Preschool 8:15-12:00 Nurturing the Nurturer 9:30-10:45 Early Months 10:30-12:00 Morning Dad's Circle 9:30-11:30	10 Family Play 9:00-12:00 Computer Class 9:30-11:00 Computer Literacy 4:30-6:30	11 Preschool 8:15-12:00 Echo Early Learning 9:00-11:30	12 ASD Support Group 10:00-12:00
14 Preschool 8:15-12:00 Echo Early Learning 9:00-11:00 Clinic 8:30-4:30 Crawlers, Waddlers, Toddlers 10:00-12:00 Supergroup 4:30-6:30	15 Clinic 8:30-4:30 Strong Families 9:00-11:30 Dads Night 4:00-7:00	16 Preschool 8:15-12:00 Early Months 10:30-12:00 Morning Dad's Circle 9:30-11:30 Noche de Papeleo 5:00-8:00	17 Family Play / Josh's celebration 9:00-1:00 Computer Class 9:30-11:00 Computer Literacy 4:30-6:30	18 Preschool 8:15-12:00 Echo Early Learning 9:00-11:30 Family Advisory Committee 11:00-12:00	19 African Dad's Group 3:00-5:00
21 NO Preschool NO Echo Early Learning Clinic 8:30-4:30 Crawlers, Waddlers, Toddlers 10:00-12:00	22 Clinic 8:30-4:30 Strong Families 9:00-12:00 Dads Night 4:00-7:00	23 NO Preschool Early Months 10:30-12:00 NO Morning Dad's Circle	24 Family Play 9:00-12:00 Computer Class 9:30-11:00 Computer Literacy 4:30-6:30	25 NO Preschool NO Echo Early Learning	26
28 Preschool 8:15-12:00 Echo Early Learning 9:00-11:00 Clinic 8:30-4:30 Crawlers, Waddlers, Toddlers 10:00-12:00 Supergroup 4:30-6:30	29 Clinic 8:30-4:30 Strong Families 9:00-12:00 Dads Night 4:00-7:00	30 Preschool 8:15-12:00 Early Months 10:30-12:00 Morning Dad's Circle 9:30-11:30			

Drop-in Programs

In our drop-in programs, you are welcome to come and go whenever the program is open. No preregistration or signups are required!

African Dads Group Drop-In: 3rd Saturday of the month 3:00-5:00 ali@thefamilyroomvt.org

A support group for African dads to talk about what is coming up with their children and families. We talk about the challenges of maintaining culture and adopting new ways of living. Come learn about other Family Room resources, and enjoy a meal.

Crawlers, Waddlers and Toddlers Drop-In: Mondays 10:00-12:00 chongho@thefamilyroomvt.org

A playgroup for children 0-36 months and their caregivers.

Morning Dad's Circle Drop-in: Wednesdays 9:30-11:30 Damon@thefamilyroomvt.org

Parenting group and education for fathers.

Dads Night (FACT: Fathers and Children Together) Drop-in: Tuesdays 4:00-7:00 Damon@thefamilyroomvt.org

Playgroup and dinner for dads and their kids.

Early Months (Baby Massage) Drop-in: Wednesdays 10:30-12:00 Dayva@thefamilyroomvt.org

A soothing environment to learn and practice massage techniques for babies 6 weeks until they are old enough to crawl away, learn songs and lullabies, and to have post-partum discussion.

EEL (ECHO Early Learning) Open Enrollment for all. Mondays 9:00-11:00, Fridays 9:00-11:30 during the school year. Sjudd@echovermont.org **Community Partner Program**

All families with children ages infant to age 5 are welcome to join the fun at the EEL (ECHO Early Learning) program. Help your child learn and grow through play. This program is free. Caregivers must stay with their children and are encouraged to attend regularly.

Family Play Drop-in: 9-12:00 Jackie@thefamilyroomvt.org

Come to the Family Room anytime between 9-12:00 for community building, fun learning activities for your children aged 0-5, and social connections for caregivers. Leave with a full belly and new friends. Mid-June through mid-October, meet at the Ethan Allen Homestead Community Gardens for outdoor activities, optional gardening, nature play and more!

Nurturing the Nurturer Drop-in: Wednesdays 9:30-10:45 Sarah@thefamilyroomvt.org.

Self and community care for the newborn caregiver. 8 session workshop. Facilitated by an occupational therapist.

Pantry Drop-in: Mon-Fri 9:30-12:00 Robin@thefamilyroomvt.org

Our pantry supports healthy families and responds to needs. Food, community resources, and other household items like diapers and clothing are available.

Spanish Language Paperwork Night (Noche de Papeleo) For Spanish Speaking Families only: 5:00-8:00 Moira@thefamilyroomvt.org

Rotating members from community and partner programs available to complete forms, applications, and help with paperwork.



Enrolled Programs

These programs require registration. Please contact the email address with the program below, email Jackie@thefamilyroomvt.org or call us at 802-862-2121 to get started.

ASD Support Groups Two enrolled groups: 2nd + 4th Mondays 4:30-6:30 month on 2nd Saturdays 10-12:00 Sarah@thefamilyroomvt.org

Group holds space for connections, sharing experiences, peer support and play! This group is especially designed for families that have children with autism.

Building Strong Families Clinic Enrolled: Offered By Appointment Manisha@thefamilyroomvt.org

The clinic is designed to give parents and children a comfortable and secure place to be their authentic selves with health care providers. The clinic provides interpreting services and connects families to community support resources and to other parents in their neighborhood.

Strong Families Enrolled: Wednesdays 9:30-11:30 Chongho@thefamilyroomvt.org

Moms group to share, connect and support each other, exploring topics related to child development, and self-care/wellness.

Computer Literacy Enrolled Thursdays 4:30-6:00 Sarah@thefamilyroomvt.org

A computer literacy class in collaboration with BSD's Parent University.

Beginner Computer Class Drop in Thursdays 9:30-11:30 Jackie@thefamilyroomvt.org

A computer class for beginners. Limited childcare.

Dads Matter Enrolled: Offered by appointment Damon@thefamilyroomvt.org

Individualized case management to help fathers work towards goals around parenting, getting basic needs met, and navigating systems.

Family Advisory Committee Enrolled: Monthly (occasionally more!) Emily@thefamilyroomvt.org

Meetings for communication, ideas and planning between participants, staff, and board of directors. Contact us to get on our interest list for this committee.

Family Support and Home Visiting Enrolled: Offered By Appointment Jackie@thefamilyroomvt.org

Families and staff build relationships in homes or community settings as families navigate systems and challenges. Families get information on child development, receive resource and referral, access concrete supports and services, and get

Healthy Families From the Start Home Visiting Enrolled: Offered By Appointment Dayva@thefamilyroomvt.org

Using evidence-based birth and parenting information, Healthy Families from the Start offers relationship based support and education through in-person and remote one-on-one visits and group gatherings. While partnering with other community mental health and support services, we will help to facilitate a continuum of care during the early months with a new baby.

Preschool Enrolled: Sept - June, follows BSD calendar, Mon, Wed, Fri 8:15-12:00 Jackie@thefamilyroomvt.org

A 5-star community preschool for children aged 3-5. This play-based learning community is inspired by nature and neighborhood, encourages social-emotional learning, and builds upon strengths and curiosities.