



June 2022

Please bring your proof of being fully vaccinated against Covid19 for any indoor programming

Mon	Tues	Wed	Thu	Fri
30 Preschool 8:15-12 Crawlers/Waddlers/ Toddlers 10-12:00	31 Clinic 9-5 Mom's Support Group 10-11:30 Dads Night 4- 7:00	1 Dad's Drop-in 9:30-12:30 Early Months 10:30-12 Computer Literacy 4:30-6:30	2 Family Play 9:00-12:00 Dad's Drop-in 1-4:00 Childbirth and Post Partum Prep 6-8:00pm Computer Literacy 4:30-6:30	3 Preschool 8:15-12:00 Healthy Families from the Start 10:30-12:00 Computer Literacy 10-12:00
6 Preschool 8:15-12:00 Crawlers/Waddlers/ Toddlers 10-12:00	7 Clinic 9-5 Mom's Support Group 10-11:30 Dads Night 4- 7:00	8 Preschool Graduation! Dad's Drop-in 9:30-12:30 Early Months 10:30-12 Computer Literacy 4:30-6:30	9 Family Play 9:00-12:00 Dad's Drop-in 1-4:00 Childbirth and Post Partum Prep 6-8:00pm Computer Literacy 4:30-6:30	10 Babies 101 11-1 In-person postpartum tea 10:30-12:00 Computer Literacy 10-12:00
13 Crawlers/Waddlers/ Toddlers 10-12:00	14 Clinic 9-5 Family Play @ garden 9:00-12:00 Dads Night 4- 7:00	15 Dad's Drop-in 9:30-12:30 Early Months 10:30-12 Computer Literacy 4:30-6:30	16 Family Play @ garden 9:00-12:00 Dad's Drop-in 1-4:00 Childbirth and Post Partum Prep 6-8:00pm Computer Literacy 4:30-6:30	17 Babies 101 11-1 Healthy Families from the Start 10:30-12:00 Computer Literacy 10-12:00
20 Crawlers/Waddlers/ Toddlers 10-12:00	21 Clinic 9-5 Family Play @ garden 9:00-12:00 Dads Night 4- 7:00	22 Dad's Drop-in 9:30-12:30 Early Months 10:30-12 Computer Literacy 4:30-6:30	23 Family Play @ garden 9:00-12:00 Dad's Drop-in 1-4:00 Childbirth and Post Partum Prep 6-8:00pm Computer Literacy 4:30-6:30	24 Babies 101 11-1 Healthy Families from the Start 10:30-12:00 Computer Literacy 10-12:00
27 Closed for Memorial Day	28 Clinic 9-5 Family Play @ garden 9:00-12:00 Dads Night 4- 7:00	29 Dad's Drop-in 9:30-12:30 Early Months 10:30-12 Computer Literacy 4:30-6:30	30 Family Play @ garden 9:00-12:00 Dad's Drop-in 1-4:00 Childbirth and Post Partum Prep 6-8:00pm Computer Literacy 4:30-6:30	1 Babies 101 11-1 Healthy Families from the Start 10:30-12:00 Computer Literacy 10-12:00

For complete program descriptions and locations, visit thefamilyroomvt.org or email Jackie@thefamilyroomvt.org. Call us at 802-862-2121

Crawlers, Waddlers and Toddlers
 Drop-In: Mondays 10:00-11:30
 A playgroup for children 0-36 months and their caregivers.

Dads Night (FACT)
 Enrolled: Tuesdays 4:00-7:00
 *playgroup and dinner for dads and their kids.

Family Play
 Starting November 4th: Drop-in 9-12
 Come to the Family Room anytime between 9-12:00 for community building, fun learning activities for your children aged 0-5, and social connections for caregivers. Leave with a full belly and new friends.

Healthy Families from the Start
 Drop in, Fridays 10:30-12:00 am
 Our time together will center around social connections, peer support, infant development and movement / breathing practices for stress reduction.
 Facilitated by Dayva Savio and Emily Padua, program staff. For questions email Dayva at dayva@thefamilyroomvt.org or Emily at emily@thefamilyroomvt.org

Drop-in Programs





Healthy Families Virtual Tea

Drop-in: Tuesdays 10:00 - 11:00 am
Our conversations will center around postpartum comfort and recovery, typical newborn development and behavior, feeding, sleep and the joys and challenges of life with a new baby.

Facilitated by Dayva Savio, program coordinator at the Family Room. For Zoom link email Dayva directly at dayva@thefamilyroomvt.org

Early Months (Baby Massage)

Enrolled: Wednesdays mornings
A soothing environment to learn and practice massage techniques for babies 6 weeks until they are old enough to crawl away, learn songs and lullabies, and to have post-partum discussion. Call to register for a single or multiple sessions!

Dad's Drop In

Drop-In: Wednesdays from 10-1:00, Thursdays from 1:00-4:00
Come upstairs to room 219 for a twice-a-week, casual gathering of fathers for sharing information and building community support. Open to any and all dads.

EEL (ECHO Early Learning)

Open Enrollment for all. Mondays 8:30-10:30, Fridays 8:30-11:00. All families with children ages infant to age 5 are welcome to join the fun at the EEL (ECHO Early Learning) program. Help your child learn and grow through play. This program is free. Caregivers must stay with their children and are encouraged to attend regularly.

Building Strong Families Clinic

Enrolled: Offered By Appointment
The clinic is designed to give parents and children of immigrant families a comfortable and secure place to be their authentic selves with health care providers. The clinic also provides interpreting services and connects families to community support resources and to other parents in their neighborhood.
manisha@thefamilyroomvt.org

Super Kids and Super Parents

Enrolled: Mondays 4-6:00 Monthly
Group holds space for connections, sharing experiences, peer support and play! This group is especially designed for families that have children with autism.
sarah@thefamilyroomvt.org

Healthy Families From the Start Home Visiting

Enrolled: Offered By Appointment
Using evidence-based birth and parenting information, Healthy Families from the Start offers relationship based support and education through in-person and remote one-on-one visits and group gatherings. While partnering with other community mental health and support services, we will help to facilitate a continuum of care during the early months with a new baby.

Computer Literacy

Enrolled: Wednesdays 4:30-6:30, Thursdays, 4:30-6:30, Fridays 11-12:30
4 week computer literacy sessions. Currently fully enrolled / no spaces. Must show proof of covid19 vaccination.
sarah@thefamilyroomvt.org

Family Support and Home Visiting

Enrolled: Offered By Appointment
Staff accompany families as they navigate the challenges of modern parenting. Families get information on child development, access concrete supports and services, and receive emotional support as needed.

Enrolled Programs

Preschool

Enrolled: Sept - June, follows BSD calendar

A 5-star community preschool for children aged 3-5. This play-based learning community is inspired by nature and neighborhood, encourages social-emotional learning, and builds upon the strengths and curiosities of the children.

Moms support group

Enrolled: Tuesdays, 10:00-11:30

A safe and supportive place for moms to gather, share, and connect while their children play.

sarah@thefamilyroomvt.org