




Weekly Program Schedule - Through June 10th 2022

20 Allen St, Burlington, VT

Please bring your proof of being fully vaccinated and boosted against Covid19 for any indoor programming

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Preschool 8:15-12:00 in Preschool classroom Enrolled Children 3-5 (3 years old before September 2021) Jackie@thefamilyroomvt.org</p>	<p>New American Pediatric Clinic 9:00-5:00 upstairs in Clinic By Appointment In Collaboration with UVM Children's Hospital Manisha@thefamilyroomvt.org</p>	<p>Preschool 8:15-12:00 in Preschool classroom Enrolled Children 3-5 (turned 3 before September 2021) Jackie@thefamilyroomvt.org</p>	<p>Family Play 9:00-12:00 at Garden or Baby Room Drop-in Parents and Children 0-5 Jackie@thefamilyroomvt.org</p>	<p>Preschool 8:15-12:00 in Preschool classroom Enrolled Children 3-5 (turned 3 before September 2021) Jackie@thefamilyroomvt.org</p>
<p>Echo Early Learning 8:30-10:30 through May 17 in the Big Room Drop-in Parents and Children SJudd@echovermont.org</p>	<p>Moms' Support Group 10:00-11:30 in Big Room / Parent Room Enrolled Mothers and Children In Collaboration with UVM Jackie@thefamilyroomvt.org</p>	<p>Dads' Drop-in 9:30-12:30 upstairs, room 219 Drop-in Dads Damon@thefamilyroomvt.org</p>	<p>Dads' Drop-in 1:00-4:00 upstairs, room 219 Drop-in Dads Damon@thefamilyroomvt.org</p>	<p>Echo Early Learning 8:30-10:30 through May 17th in the Big Room Drop-in Parents and Children SJudd@echovermont.org</p>
<p>Crawlers, Waddlers, Toddlers 9:30-10:00 (Quiet time) in baby room 10-12:00 Play Drop-in Parents and Children 0-36 months Sarah@thefamilyroomvt.org</p>	<p> Family Room Parent-Child Center</p>	<p>Early Months 10:30-12:00 in the Baby Room Drop-in Parents and Baby (before crawling) Emily@thefamilyroomvt.org</p>	<p>Dads' Drop-in 1:00-4:00 upstairs, room 219 Drop-in Dads Damon@thefamilyroomvt.org</p>	<p>In-person Postpartum Group 10:00-11:30 in Baby Room Drop-in Parents and infants Dayva@thefamilyroomvt.org</p>
<p>Super Kids and Super Parents 4:30-6:30 (4th Monday of the month) in Big Room Enrolled Children and their families Hawa@thefamilyroomvt.org</p>	<p>Dads' Night 4:00-7:00 in Big Room Drop-in Fathers and Children 0-5 Keegan@thefamilyroomvt.org</p>	<p>Computer Literacy 4:30-6:30 in Big Room Enrolled Adults Sarah@thefamilyroomvt.org</p>	<p>Computer Literacy 4:30-6:30 in Big Room Enrolled Adults Sarah@thefamilyroomvt.org</p>	<p>Computer Literacy 10-12:00 in clinic Enrolled Parents Corinne.johansson4@gmail.com</p>

For complete program descriptions, possible closures, or other questions visit thefamilyroomvt.org email Jackie@thefamilyroomvt.org, call us at 802-862-2121, or check our facebook page.

Drop-in Programs



Crawlers, Waddlers and Toddlers
Drop-In: Mondays 10:00-11:30
A playgroup for children 0-36 months and their caregivers.

Dads Night (FACT)
Enrolled: Tuesdays 4:00-7:00
Playgroup and dinner for dads and their kids.

Family Play
Starting November 4th: Drop-in 9-12
Come to the Family Room anytime between 9-12:00 for community building, fun learning activities for your children aged 0-5, and social connections for caregivers. Leave with a full belly and new friends.

EEL (ECHO Early Learning)
Open Enrollment for all. Mondays 8:30-10:30, Fridays 8:30-11:00. All families with children ages infant to age 5 are welcome to join the fun at the EEL (ECHO Early Learning) program. Help your child learn and grow through play. This program is free. Caregivers must stay with their children and are encouraged to attend regularly.

Early Months (Baby Massage)
Enrolled: Wednesdays mornings
A soothing environment to learn and practice massage techniques for babies 6 weeks until they are old enough to crawl away, learn songs and lullabies, and to have post-partum discussion. Call to register for a single or multiple sessions!

Dad's Drop In
Drop-In: Wednesdays from 10-1:00,
Thursdays from 1:00-4:00
Come upstairs to room 219 for a twice-a-week, casual gathering of fathers for sharing information and building community support. Open to any and all dads.

Healthy Families from the Start Drop in,
Fridays 10:30-12:00 am
Our time together will center around social connections, peer support, infant development and movement / breathing practices for stress reduction.
Facilitated by Dayva Savio and Emily Padua, program staff. For questions email Dayva at dayva@thefamilyroomvt.org or Emily at emily@thefamilyroomvt.org

Enrolled Programs

Preschool
Enrolled: Sept - June, follows BSD calendar
A 5-star community preschool for children aged 3-5. This play-based learning community is inspired by nature and neighborhood, encourages social-emotional learning, and builds upon the strengths and curiosities of the children.

Building Strong Families Clinic
Enrolled: Offered By Appointment
The clinic is designed to give parents and children of immigrant families a comfortable and secure place to be their authentic selves with health care providers. The clinic also provides interpreting services and connects families to community support resources and to other parents in their neighborhood.

Moms support group
Enrolled: Tuesdays, 10:00-11:30
A safe and supportive place for moms to gather, share, and connect while their children play.
sarah@thefamilyroomvt.org

Family Support and Home Visiting
Enrolled: Offered By Appointment
Staff accompany families as they navigate the challenges of modern parenting. Families get information on child development, access concrete supports and services, and receive emotional support as needed.

Healthy Families From the Start Home Visiting
Enrolled: Offered By Appointment
Using evidence-based birth and parenting information, Healthy Families from the Start offers relationship based support and education through in-person and remote one-on-one visits and group gatherings. While partnering with other community mental health and support services, we will help to facilitate a continuum of care during the early months with a new baby.

Computer Literacy
Enrolled: Wednesdays 4:30-6:30,
Thursdays, 4:30-6:30, Fridays 11-12:30
4 week computer literacy sessions. Currently fully enrolled / no spaces. Must show proof of covid19 vaccination.
sarah@thefamilyroomvt.org

Dads matter
Enrolled: Offered by appointment
Individualized case management to help fathers work towards goals around parenting, getting basic needs met, and navigating systems.
keegan@thefamilyroomvt.org

Super Kids and Super Parents
Enrolled: Mondays 4-6:00 Monthly
Group holds space for connections, sharing experiences, peer support and play! This group is especially designed for families that have children with autism.
sarah@thefamilyroomvt.org